

Green Monday

健康綠色星期一

Let's have a healthy and environmentally friendly living starting every Monday!
Club Bel-Air presents you a selection of plant-based diets—an easy and effective way
to improve our health, reduce carbon footprint
and slow down global warming.

健康環保生活由星期一開展！貝沙灣會所逢星期一推出精選素食，輕鬆改善健康，
減少碳足跡和延緩地球暖化。

Items	港幣/ HKD
海帶薏米冬瓜湯 Kombu Seaweed, Winter Melon and Pearl Barley Soup	\$78
涼拌黑木耳鮮菌 Chilled Black Fungus and Mushroom	\$88
南瓜紅棗燕麥糙米粥 Pumpkin, Red Date and Brown Rice Congee	\$88
泰式青木瓜蘋果椰子沙律 Thai Green Papaya, Apple and Coconut Salad	\$98
芝士茄子番茄素千層 Eggplant, Tomato and Mozzarella Lasagna	\$98
松子菜粒黑松露炒飯 Fried Rice with Vegetables, Pine Nuts and Truffle Paste	\$118