

Green Monday

健康綠色星期一

Let's have a healthy and environmentally friendly living starting every Monday!
Club Bel-Air presents you a selection of plant-based diets—an easy and effective way
to improve our health, reduce carbon footprint
and slow down global warming.

健康環保生活由星期一開展！貝沙灣會所逢星期一推出精選素食，輕鬆改善健康，
減少碳足跡和延緩地球暖化。

Items	港幣/ HKD
冰梅涼瓜片 Chilled Bitter Melon in Plum Sauce	\$88
剉椒炒薯絲 Sautéed shredded Potato with chopped Chili	\$88
紅菜頭番茄湯伴香草醬 Beetroot and Tomato Soup with Pesto	\$88
上海青菜煨麵 Stewed Noodles with Vegetables in Shanghai Style	\$88
意大利黑醋烤磨菇 Roasted Garlic Mushrooms with Balsamic Vinegar	\$98
牛油果南瓜薯餅鮮蔬漢堡 Pumpkin Croquette, Avocado, Cucumber, Tomato and Baby Green Burger	\$108