

# *Belle-Aire*

ISSUE 27 | 2020

**NO PLACE  
LIKE HOME**



# CONTENTS

www.bel-air-hk.com



Cover:  
Art Direction:  
Grace Ma  
Photography:  
Terence Man  
Styling:  
Kenneth Wong  
Hair and Make-Up:  
Jolin Ng



## NO PLACE LIKE HOME



## SUSTAINABLE LUXURY

17	ART	43	HEALTH & BEAUTY
27	GOURMET	47	TRAVEL
35	COMMUNITY	55	GREEN NEWS
39	KNOWLEDGE		

This publication is fully funded by Pacific Century Premium Developments Limited

All rights reserved. No part of this publication may be reproduced in any form or by any means without the written permission of the Pacific Century Premium Developments Limited.

BEL-AIR WELCOME

## A Home Like no Other

This year has made us all realise the importance of family, community and the luxuries of home. Surrounded by a beautiful vista of sparkling sea, distant islands and lush greenery, we are indeed fortunate to enjoy an exceptional living environment. The five-star service and facilities, and focus on living sustainably make life here even more special. These efforts have garnered numerous awards for Bel-Air acknowledging architecture, energy savings, and recycling — and of course, our beautiful oasis of landscaped gardens and water features.

The common areas inside Bel-Air are a living museum, enjoyed daily by our residents. In this edition, we invite you to explore the stories behind some of the masterpieces within Bel-Air’s rare collection of art, artefacts and sculptures. For our young residents, we’ve added an art treasure hunt!

As always, our work in the community is fulfilling. This year, Bel-Air is honoured to receive our latest Caring Company logo signifying our 13th consecutive year of partnering with New Life Psychiatric Rehabilitation Association, a Hong Kong community service supporting mental health initiatives. Our recent support includes providing COVID-19 protective packs to those attending its Shek Pai Wan Integrated Work Centre.

For luxury living, fine dining, health facilities and beauty treatments, to sustainable living and caring for this environment and the community, there certainly is no better place to call home than Bel-Air.



Published on behalf of Bel-Air by John Brown Novus  
johnbrownnovus.com  
27th floor, 625 King’s Road, North Point, Hong Kong  
+852 3962 4503

# NO PLACE LIKE *HOMIE*

---

WHY APPRECIATING YOUR  
FAMILY AND FRIENDS MEANS  
THERE'S NO PLACE LIKE BEL-AIR





As the setting sun beats a golden path across the smooth waters, a gentle cooling breeze drifts across Bel-Air Island South. In the distance, ever so faintly can be heard the sound of children laughing as they play; their unaffected

enjoyment only adds to the calm serenity of one of the city's most luxurious and desirable residential locations. For many months now, the prestigious Bel-Air has been both a home and a safe haven for our diverse community

of local and expat families. It has certainly been a time like no other that allowed us to fully appreciate there is no place like home. As the year progresses, Hong Kong is emerging from the unprecedented effects

of the COVID-19 pandemic. The events of the past weeks and months have inevitably caused us to pause and take some time out of our busy lives to reflect on the things we hold dearest — our family and friends, the beauty and resilience of nature

and the extraordinary human achievement in the environment that surrounds us. This spans the technology at our fingertips that connects us to the world, to outstanding human achievements that encompass medical

science, architecture and the creativity of those whose artworks now adorn this grand location. With style and luxurious comfort in mind, Bel-Air is certainly a home like no other.



The five-star multi-award winning complex has indeed been a sanctuary and a welcome retreat during this difficult time, supported by the highest standards of service provided by management and

staff. The team behind Bel-Air continues to place the security and safety of all residents as their top priority, so that residents can enjoy world-class facilities, secure in the knowledge that exceptional steps have been taken to

protect every family's health and well-being, now and into the future.

Management's ongoing commitment to innovation such as Bel-Air's exclusive mobile app, together with online access and hotlines, meant residents were able to stay safe and maintain social distancing when they needed to communicate or required services and advice from the Bel-Air team. As can be expected, the community enjoys the highest level of security standards and safety checks, a reassuring commitment in these challenging times.





This year has also made us all pause and think more closely about our own relationship with our immediate environment and to consider how we as individuals can make our lives and our homes more sustainable and greener. We hope you have found some inspiration in the calm beauty of the gardens that surround the property.

Bel-Air's beautifully serene landscaped gardens, together with water features that encircle the residences, clubhouses and sporting facilities actually span 80 per cent of the footprint of the entire

complex, creating a green oasis of tropical beauty. The carefully nurtured gardens also contain many distinctive sculptures, placed between soaring green hills and vistas of the sea and distant islands to effortlessly blend art into the natural environment.

It's not surprising then that this peaceful green retreat within the complex, created by Pacific Century Premium Developments (PCPD) and Island South Property Management (ISPML), has been recognised at the Best Landscape Award, organised by the



Leisure and Cultural Services Department (LCSD). It's one of a plethora of awards garnered by the complex, including the prestigious Asian Habitat Award at the International Designing Competition on Asian City Housing and Environment; the award for Most Luxurious Lifestyle Development in Hong Kong from Elite Homes along with being recognised as a finalist

in the Quality Building Award. These are just a few of the local and international accolades Bel-Air has received for its unrivalled quality of life and excellence in corporate values, environmental standards, service and facilities management.

For those fortunate to enjoy life on a grand scale within the sustainable luxury of Bel-Air, there is indeed no place like home.



# Sustainable Luxury

NOW MORE THAN EVER, WE CAN APPRECIATE AND CHERISH THOSE WE LOVE — OUR FAMILY, FRIENDS AND THE COMFORT AND SECURITY OF OUR HOMES. AND THERE'S CERTAINLY NO BETTER PLACE TO CALL HOME THAN WITHIN THE SUSTAINABLE LUXURY OF BEL-AIR.

Our serenely beautiful, award-winning landscaped gardens are an oasis of calm not only from our daily lives but also from the cares of the outside world. This luxurious haven is just part of the premium lifestyle provided by Bel-Air, supported by five-star service from our outstanding property management team, whose care and attention helped keep us all safe and protected during these recent, difficult months.

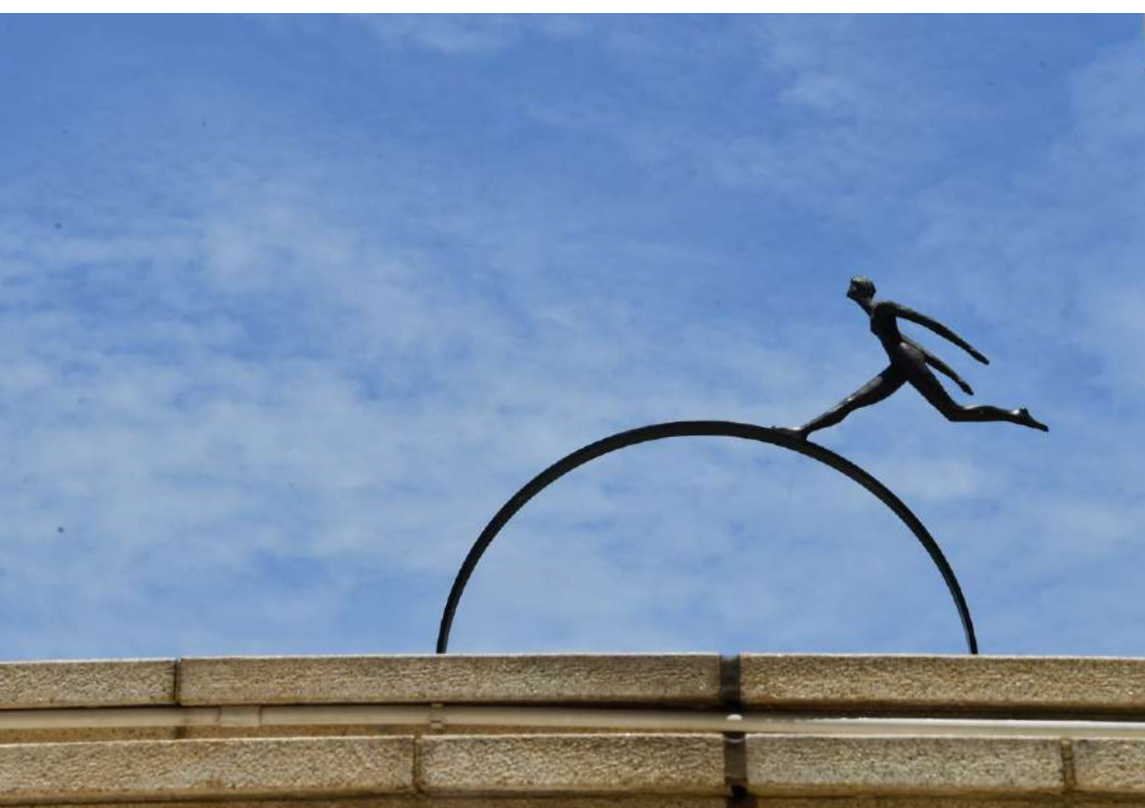
Like others worldwide, we realise how closely we are connected to our natural environment and why we all need to live a more sustainable life.

Sustainability does not mean compromising quality or luxury; indeed, sustainable luxury is a key theme at Bel-Air, where we are committed to the highest integrity, with premium management for quality living.

Looking for solutions that protect our exceptional environment means caring for our community, reducing waste and educating the young and young-at-heart. We'll continue to engage our community in the many ways we can, to support a greener, more sustainable environment within the residences.







Seemingly simple solutions can lead to significant energy savings over time. You may have noticed power-saving timers in stairwells, for example. Or our ongoing commitment to recycling waste, and our clothing recycling collection points, helping to reduce the enormous pressure on Hong Kong’s landfills. Seasonal initiatives such as recycling moon cake boxes and campaigns to support the toy bank at the YMCA for Christmas also help repurpose unwanted items, or give them a new loving home.

Our emphasis on sustainability means we are using technology such as the Bel-Air app, through which residents are able to communicate with management or make bookings for the clubhouses or sporting facilities at a single touch, while maintaining social distancing.

Sustainability also means continuing to invest in the education, training and protection of our employees. You may have noticed the windows facing our wonderful sea vista have added solar protection film; this not only reduces the energy required to cool tower lobbies, but also helps to protect the

eyesight of employees working in these bright, sunlit locations.

Bel-Air No. 8 was designed by architectural design and engineering firm Foster and Partners, it draws on European concepts and Hong Kong’s vertical living culture to create a spectacular wave design that represents the sea lapping against the shoreline. The unique, celebrated design utilises available sunlight and the magnificent sea views, while providing residents with ultimate privacy.

Bel-Air’s green credentials and ongoing commitment

to sustainable luxury have garnered many other awards for the property in the areas of carbon reduction, energy savings and environmental excellence, including Hong Kong’s Leisure and Cultural Services Department’s Gold and Energy Efficiency awards, and a Merit at the Best Landscape Award by LCSD in 2018 in recognition of outstanding horticultural and environmental achievement. By participating in our sustainability programmes, we can all help to protect our environment — one green step at a time.

# At home in Bel-Air's Museum of ART

GREAT ART CAPTURES A  
MOMENT IN TIME, WHICH  
CENTURIES LATER STILL SPEAKS  
DIRECTLY TO US ALL



One of the luxuries of life at Bel-Air is being at home with a unique collection of art that ranges from modern contemporary works and sculptures,

to precious baroque masterpieces. Indeed, the community living spaces in the residences are more like a living art museum, where those passing by can

experience a fascinating collection of artworks, both new and antique. Behind each carefully curated work is a wonderful tale waiting to be told.

For instance, how often have you visited Club Bel-Air and stopped to take notice of the six classic artworks?



Have you ever wondered about the talented artists who created the works?

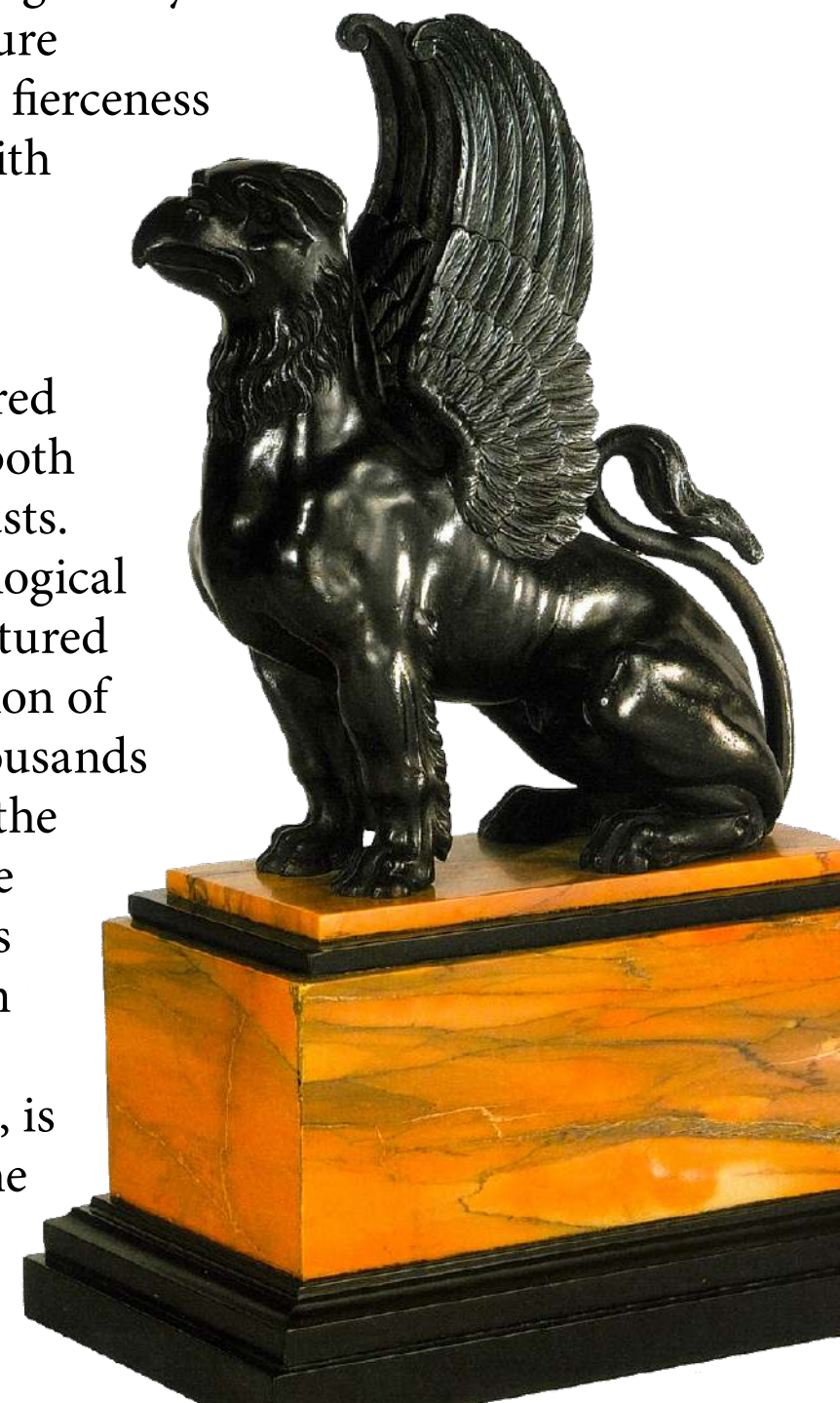
Or maybe you have a favourite piece that makes you smile every time you see it — like

Henri-Guillaume Schlesinger's painting of two little girls being given a scolding for

having broken a china vase. It's impossible not to be amused by this expressive 19th century piece titled "Ce n'est pas moi (It wasn't me)," set in its splendid golden frame. German-born Schlesinger (1814-1893) settled in Paris and later received the Legion d'Honneur – France's highest civilian award. He was renowned for his portrayal of women and children and this exceptional work was previously exhibited at London's Royal Academy London, before being acquired through the renowned auctioneers Sotheby's London.

Also dating from the early 19th century is a rather unusual sculpture; a **bronze griffin**. This legendary winged creature combines the fierceness of an eagle with the body of a lion, as these animals were once considered the kings of both birds and beasts. These mythological creatures captured the imagination of artists for thousands of years. But the identity of the creator of this example from France's neo classic school, is unknown. The

small but finely worked bronze sculpture was acquired through Sotheby's London.





Another treasure that could be overlooked by the size and scale of the other artworks on display in the

clubhouse: the life-like **“Feeding Time”** is well worth examining closely. The portrait is of an elderly clergyman

— in this case dressed in the scarlet robes of a cardinal, about to feed his mischievous pet birds — two brightly coloured and exotic macaws. This 19<sup>th</sup> century work by Belgian painter Georges Croegaert is so vibrant you can almost hear the birds screeching in delight. Croegaert was renowned for portraying the clergy in everyday, rather than religious, surroundings. In this case, his whimsical work places one of the leading members of the Catholic Church in his home, surrounded with his pets and a pink hydrangea in an exotic oriental pot.



Beauty is definitely in the detail of the neoclassical marble bust of Edouard Colbert, Marquis de Villacerf (1628-1699). The fine lacework on his cravat and the rich design of his clothes, not to mention his exceptional wig, instantly tell us he was a 17<sup>th</sup> century aristocrat. He was also a high-ranking official in the government of the Sun King, Louis XIV. The bust is a reproduction of an original work by Dutch sculptor Martin van der Bogaert, also known as Martin Desjardins, and was acquired from Christies, New York.



A glimpse of what looks to be a large family gathering going on in another room, “**The Whist Party**” could be any contemporary get-together — if it wasn’t for the period costumes! This late

19<sup>th</sup> century work is by noted British artist Edward Frederick Brewtnall, who was a member of the Pre-Raphaelite school of artists. The expressions on the card players’ faces are a delight —

certainly the young couple in the centre of the picture appear to not be taking the game too seriously, although the man and woman at either end of the table aren’t at all pleased with their behaviour.

Clubhouse visitors can also enjoy a number of unusual portraits, including a striking depiction of William Harvey, Mayor of Norwich, by Swedish artist Michael Dahl. The work is estimated to date from the 1680s, and was acquired from Sotheby’s, London.





1



2



3



7



4-6



8



9

## Follow an art trail in Bel-Air!

Life in Bel-Air means being surrounded by an exceptional collection of art and antiques. Each piece has their own interesting story to tell.

Follow this art treasure trail and discover more about some of the most fascinating pieces, right here where you live! Begin with Beijing artist Yang Tao's joyful sculpture "The Hug" at Bel-Air No. 8 main entrance...

### 1. Adam et Eve

This modern sculpture is called "Adam et Eve" (Adam and Eve). Can you guess why it's unusual?

### 2. L'Épébe Endormie

What's odd about this sculpture by Remus Botar Botarro?

### 3. Air du Temps

What feelings do you think artist Nathalie Decoster is expressing through this sculpture?

### 4-6. Monochrome x3

Do you think these three mysterious artworks were made using a camera?

### 7. The Infinite Universe

It's bright and beautiful, but why is this abstract painting by Chinese-American artist Shan Shan Sheng so special?

### 8. New Buddha Ming & Zha Zha

What was the artist Ling Jian trying to say with this painting. Hint: red lipstick!

### 9. The Great Venus in the 21st Century

Was this sculpture by Wu Shao Xiang named after a planet or a goddess?

For answers, please go to page 60.

# FINE DINING AT HOME

---

DINNER AT HOME BECOMES  
A SPECIAL OCCASION WHEN  
BEL-AIR'S CHEF HUGO SHARES HIS  
RECIPES FOR SUBLIME ROASTED  
LAMB AND CREAMY SPAGHETTI  
WITH SEARED CUTTLEFISH

## PAN-ROASTED LAMB LOIN WITH BABY VEGETABLES, PEACH AND PORT JUS

*Cook time: 60 mins Difficulty: Moderate Serves: 2*

### Ingredients

#### For the lamb

450g lamb loin fillets  
1 tbsp olive oil  
1 onion, cut into medium-size cubes  
1 carrot, cubed  
4 shallots, peeled and cut in half  
2 bay leaves  
4 garlic cloves, skin left on

#### Port Jus

1 tbsp flour  
250ml port  
1 litre chicken stock or water  
Mint jelly, to serve

#### Baby vegetables and peach garnish

2 baby carrots, peeled and cut into small pieces  
4 pearl onions, peeled  
1 tbsp olive oil  
2 baby radishes, cut into thin slices  
2 shallots, halved  
2 button mushrooms  
1 peach, cut into thick slices





**Method**

**Step 1:** Preheat the oven to 180°C, then season the lamb loins with salt and pepper. Using an ovenproof frying pan, add the olive oil and cook the loins on a high heat until lightly and evenly browned. Then remove the lamb and set aside.

**Step 2:** Add the onion and carrot cubes, shallots, bay leaves and garlic to the same pan

and cook until soft and nicely caramelised (3-4 minutes), before returning the lamb to the pan.

**Step 3:** Place the pan in the preheated oven

and roast for about 6-9 minutes. After six minutes, check the lamb to see if the meat is cooked. Remove the loins and rest on a cutting board while you make the sauce.

**Step 4:** For the jus, sprinkle the flour into the pan and cook for a few seconds. Slowly pour in the port and allow it to bubble for 20 seconds. Make sure to scrape up the browned bits from the bottom of pan with a wooden spoon. Stir in the stock and simmer for about 10 minutes, or until it thickens slightly. Skim any fat from the surface and

strain through a sieve into a heatproof jug.

**Step 5:** For the baby vegetables, poach the carrots and pearl onions in boiling water for 2 minutes until they soften. In a small sauté pan, heat the olive oil. Sauté the poached carrots and onions with the radishes, shallots and mushrooms. Season with salt and pepper and cook for about 2-3 minutes

**Step 6:** Slice the lamb loins into thick, even pieces and place on each plate. Add the sautéed vegetables and peach slices, and serve with port jus and mint jelly.



**Chateau Lynch-Bages, Pauillac, France**  
(HK\$1,137 / 750 ml)

The classic well-rounded tones of this French blended red, originating from the Médoc region in Bordeaux, is the perfect partner to accompany the delicate tenderness of pan-roasted lamb.



## SPAGHETTI WITH SEARED CUTTLEFISH IN DIJON MUSTARD CREAM SAUCE

*Cook time: 30 mins Difficulty: Easy Serves: 3-4*



### Ingredients

300g cuttlefish, cleaned and cut into 3cm x 5cm pieces  
 2 tbsp (28g) butter, chilled  
 2 tbsp olive oil  
 1/3 medium brown onion, finely chopped  
 1 clove garlic, minced

2/3 cup dry white wine  
 1 tbsp Dijon mustard  
 2/3 cup heavy cream  
 1 tbsp lemon juice  
 150g spaghetti, cooked according to instructions

Trimbach  
 Gewürztraminer,  
 Alsace, France  
 (HK\$ 238 /750 ml)

The delicate aromatic and floral notes of Gewürztraminer, a single grape varietal from Alsace, make the perfect accompaniment to seafood.



### Method

**Step 1:** Pat the cuttlefish dry and season with salt and pepper.

**Step 2:** Place 1tbsp butter and 1tbsp olive oil in a frying pan over medium to high heat and melt the butter. Add the cuttlefish and cook until lightly golden brown (about 1-2 minutes per side), before setting aside. Reserve some of the cuttlefish for garnishing.

**Step 3:** To make the pasta sauce, add the remaining 1tbsp olive oil to the frying pan.

**Step 4:** Add the onion and cook until softened and translucent, then add the garlic and sauté for one minute.

**Step 5:** Slowly pour in the wine and simmer until it is slightly reduced before adding the sautéed onion and remaining 1tbsp of butter, stirring until fully melted. Stir in the mustard, cream and lemon juice and cook for 2 minutes, stirring occasionally.

**Step 6:** Cook the pasta according to packet instructions.

**Step 7:** Add the cooked pasta and cuttlefish to the sauce and combine well. Season with salt and pepper. Place the pasta in a bowl and garnish with the reserved cuttlefish to serve.

# CARING *for the Community*

SHOWING SUPPORT FOR THE  
COMMUNITY IS A PROUD BEL-AIR  
TRADITION, EXEMPLIFIED BY THE HONG  
KONG CARING COMPANY LOGO THAT  
HAS BEEN AN HONOUR TO DISPLAY FOR  
MORE THAN 10 YEARS



Island South Property Management (ISPML), the company that manages Bel-Air, has maintained a long-standing partnership with New Life Psychiatric Rehabilitation Association (New Life), a Hong Kong community service supporting mental

health initiatives, individuals and families. In recognition of this important partnership that stretches back to 2007, New Life has nominated ISPML every year for the Hong Kong Council of Social Services Hong Kong Caring Company Scheme.



The initiative aims to build a more cohesive society in Hong Kong by promoting social service partnerships and inspiring corporate social responsibility through caring for the community, employees and the environment. In March 2020, Bel-Air was honoured to

receive its latest Caring Company logo for the community partnership that ISPML has now supported for more than 13 years. This partnership with New Life highlights common values of equal opportunities and social inclusion. In the past, ISPML

has leveraged the Bel-Air network by encouraging residents to participate in, and experience, New Life’s community outreach programmes that promote mental wellness. For example, a number of volunteering visits including Bel-Air residents and staff members have been organised at key times of the year including Mid-Autumn Festival, Christmas and during the Lunar New Year.

This year has presented society with many new challenges. In response to the COVID-19 pandemic, and in recognition of

the additional burden that community partner New Life has to address, ISPML is offering additional support — the “tough times collaboration”. This includes providing rice noodles and COVID-19 protection packs, each of which contains 10 masks and hand sanitiser to workers at New Life’s Shek Pai Wan Integrated Work Centre, where attendees learn new skills and trades.

Bel-Air residents wanting to join on volunteer, please contact Bel-Air’s Community Relations Department ph: 2989 6088 or email [crdept@pcpd.com](mailto:crdept@pcpd.com)

# Take Time Out With a GOOD BOOK



FOR REAL “ME TIME”, NOTHING COMES CLOSE TO THE SHEER PLEASURE OF CURLING UP ON THE SOFA WITH A GOOD BOOK OR RELAXING BY ONE OF BEL-AIR’S SUMPTUOUS POOLS WITH A GREAT READ

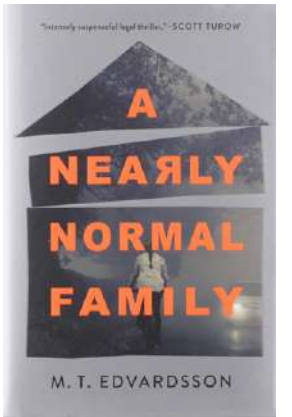
The wonderful thing about books is there is always something to suit every taste and all ages. With so many to choose from, it’s hard to know where to start — so we’ve compiled highly recommended reads for you.

## THRILLERS AND THOUGHT-PROVOKING READS

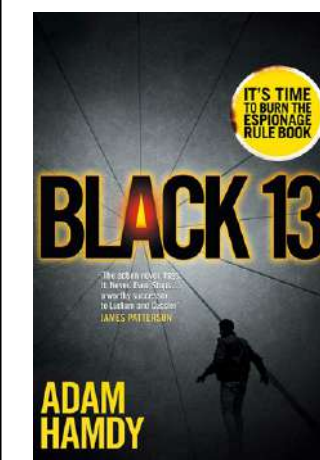
The  
Uninhabitable  
Earth  
*Life After Warming*  
David  
Wallace-Wells

In recent months we’ve had a glimpse of how resilient our natural world is, with cleaner air and clearer waters. For anyone seeking a more sustainable way of living, David Wallace-Wells’ *The Uninhabited Earth* delves into sustainability and global warming in a thought-provoking fashion, exploring everything from climate-induced threats to our daily coffee, to the politics of climate change.

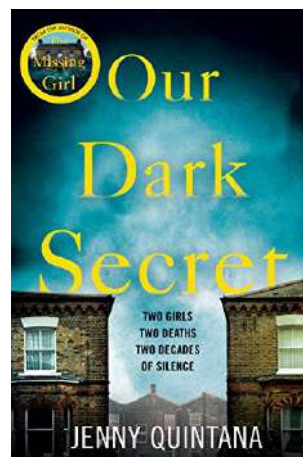
*A Nearly Normal Family*, the third novel by Swedish author M. T. Edvardsson explores the limits of family bonds in this suspenseful Nordic noir thriller that asks the question: how far would you go to protect the ones you love? This intense family drama unfolds from a seemingly simple plot. It’s certain to appeal to anyone wanting a little escapism.



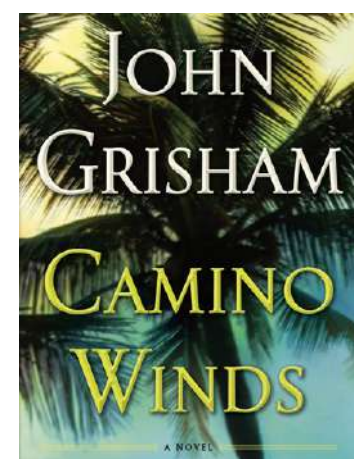
Thriller fans will love British author and film producer Adam Hamdy’s latest novel *Black 13*, which introduces a new action hero in the guise of ex-MI6 officer Scott Pearce, a man about to take on radical extremists in a fast-paced action packed adventure.



British writer Jenny Quintana follows up on her brilliant debut novel *The Missing Girl* with another disturbing psychological drama *Our Dark Secret*.



The story pivots around the complicated connection between two teenage girls who grew up in the 1970s. As the plot unfolds, family relationships, obsession, self-esteem and secrets are revealed.



**LIGHT READS**

Looking for a much lighter read? Popular US author John Grisham serves up *Camino Winds*, in which a

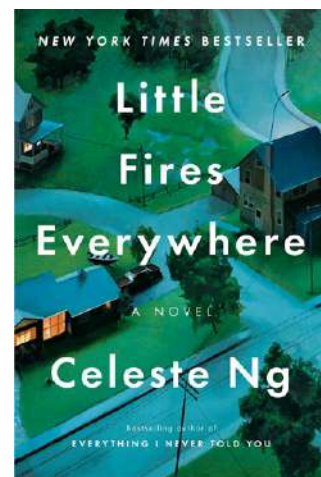
massive hurricane threatens Camino Island. Although most residents flee, a crime writer who didn't, winds up dead. Grisham has written more

than 30 best-sellers and *Camino Winds* adds another to his irresistibly suspenseful reads.

*USA Today* describes Jennifer Weiner's *Big Summer* as "sexy and satisfying". It's also very funny.



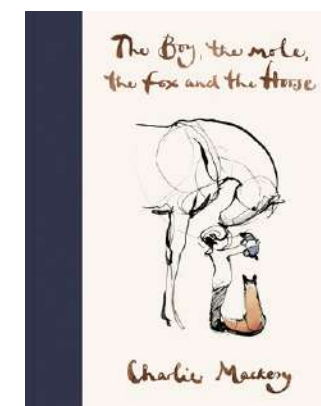
What better poolside reading could you ask for? *Big Summer* is a witty analysis of the pros and cons of female friendship, and the resilience of the human heart. It follows Weiner's previous two mega hits, *Good in Bed* and *Best Friends Forever*.



Celeste Ng's *Little Fires Everywhere* focuses on two families living in Ohio. It topped the *New York Times* best-seller fiction list, so it might be

time to get acquainted with this novel, which delves into family secrets, identity, motherhood and obsession in a suburban setting. There's so much going on it's guaranteed to hold your attention.

**CHILDREN AND YOUNG ADULTS**

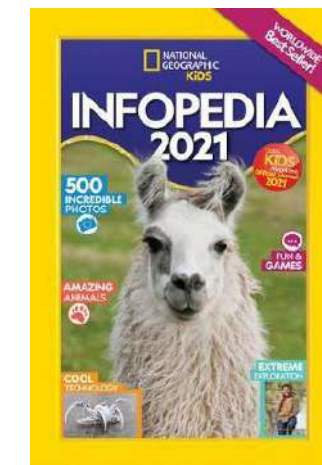


Packed with gorgeous sketches, Charlie Mackesy's *The Boy, The Mole, The Fox and The Horse* is also a lot more than just

beautifully drawn illustrations. This warm and inspiring modern fable for all ages explores the nature of friendship and reveals lessons we can learn from these four wonderfully appealing buddies.

Looking for something to entertain your kids? *The National Geographic Kids Infopedia 2021* is sure to keep them happily entertained

and inspired by the world's leading adventurers. Expect incredible photography, lots of maps and fun facts, jokes and activities in addition to



features about science, nature and technology. It's also a good one to keep for those rainy days when you need to encourage screen-free time.



Sally Gardner's *Invisible in a Bright Light* is aimed at the young adult market but adults may also enjoy this amusing romp of a novel. Set

in an opera house in the late 19<sup>th</sup> century populated by characters like Celeste the theatre rat, it's filled with mystery, puzzles and problems needing to be solved.



# Beauty with Health Benefits

NO MATTER WHERE YOU ARE OR WHAT TIME OF THE YEAR IT IS, IT'S ALWAYS A GOOD IDEA TO THINK ABOUT YOUR WELL-BEING AND HOW YOU CAN IMPROVE IT



Too often we put the demands of our daily lives ahead of our own self care and this year has been a particularly stressful one.

Kick-start your wellness journey by seeking the advice of the experienced and knowledgeable Mu-lan Spa team at Club Bel-Air. The spa services include a number of immunity-boosting beauty treatments. Some help you unwind and calm the mind, while

others improve skin texture and resistance to free radicals.

Mu-lan Spa advises customers to look for a

treatment that suits their needs, and the season. If you want to relax and dispel fatigue, then a whole-body massage is a great option. A ginger warming massage is a big help for those feeling the cold, and a rejuvenating hydrogen treatment has health benefits while revitalising your skin with a combination of traditional treatments and modern technology.

A popular choice with clients is Mu-lan Spa's exceptional massages, with benefits that boost your immune system, promote circulation and metabolism, and help to reduce fatigue and stress.

Enquiries / Book an Appointment:  
2219 6360 (Club Bay Wing)  
2668 3030 (Club Peak Wing)



# A ROSE BY ANY OTHER NAME

THIS SEASON'S HOTTEST  
NEW COLOUR TREND ADDS  
THE BEAUTY OF A ROSE TO  
YOUR CROWNING GLORY

There's nothing quite as uplifting as changing your image with a great new hairstyle and colour. This year, the hottest new colour trend is soft rose mist — with hints of red and the warmth of caramel brown blended to create a rosy hue.

According to IL COLPO: Bel-Air's professional team of hair care experts, changing to this new shade will not only make you look more vibrant but it also keeps its flattering tones longer.

To keep your 'do' happy and healthy, IL COLPO hair salon at

Club Bel-Air has some great promotional offers including **30% off chemical treatments** only from 1 October–30 November. For reservations, call 2219 6436. (terms and conditions apply)

After a hair treatment, make sure your nails are spectacular by taking advantage of IL COLPO's special nail treatment promotion of 20% off treatments over HK\$500, available on Mondays, Wednesdays and Fridays only. Reservations and



24-hour advance payments can be conveniently made at Club Bel-Air reception. (terms and conditions apply)



*Welcome  
to paradise at*  
**Aquella**

ASIA'S NEWEST PREMIUM BEACH RESORT  
AND GOLF CLUB AWAITS

Aquella, Asia's exclusive new integrated golf, beach resort and country club invites you to experience the sparkling sapphire blue waters and pristine white sands of Thailand's premier destination, the Andaman Coast.

Whether you're a keen golfer looking for new challenges at Aquella's par-72 18 hole course, or simply wanting to lounge poolside, this tropical beachside resort is both a hidden gem and an easy-to-access luxury escape located just a 35-minute drive from Phuket International Airport.

**UNPARALLELED  
LUXURY, STYLE AND  
RELAXATION**

A magnificent Lanna-style, northern Thai teak entrance gate directs your path from your private lakeside residence to the clubhouse and golf course where you can get into the swing of things at the driving range.

The casual, family-friendly clubhouse also features mini-golf, petanque, and tennis courts. A dedicated kids' club and playground, plus beach activities, will provide an array of engaging activities



for youngsters, so you can unwind at the luxurious wellness and spa sanctuary when your game ends.

Aquella's golf course is a show stopper — the spectacular 11<sup>th</sup> hole

tees off directly towards the Andaman Sea. The skilfully crafted course with sweeping water views and fairways surrounded by lush tropical forests is designed to challenge all levels of golfers.

The country club is the perfect place to enjoy after-golf drinks on the terrace with new friends you've made on the greens; or drop by the pro shop for the latest gear. Why not begin your day with an

invigorating gym session in the fully equipped studio; or enjoy a yoga or pilates class to boost your wellbeing?

The clubhouse bar and restaurant staff deliver the finest level of service

in a stylish and friendly setting overlooking Aquella's serene greens. Gather for a poolside brunch with the family; then as the sun sets, spoil yourself with cocktails and tapas on the terrace. Opening

directly onto 2.5km of beachfront, Aquella's Beach Club is the place to be for cool vibes, tasty snacks and chillaxing as another gorgeous day in paradise blends into night.

## OWN YOUR AQUELLA LAKESIDE RESIDENCE

Traditional Thai-style accommodation blends effortlessly with the natural beauty of Aquella's surrounds. The private residential villas, created by the award-winning Paradise Designs, overlook the serene lake and landscaped

gardens. Equipped with two, three or four bedrooms, each has its own private pool. Eco-friendly touches in each villa add all the modern comforts you need during your stay.

Aquilla sets new standards in integrated

resort living and leisure inspired by nature, wellness and connection. A range of features and facilities, such as a community village, jogging and nature tracks are planned for this low-density secure community set in natural surroundings.

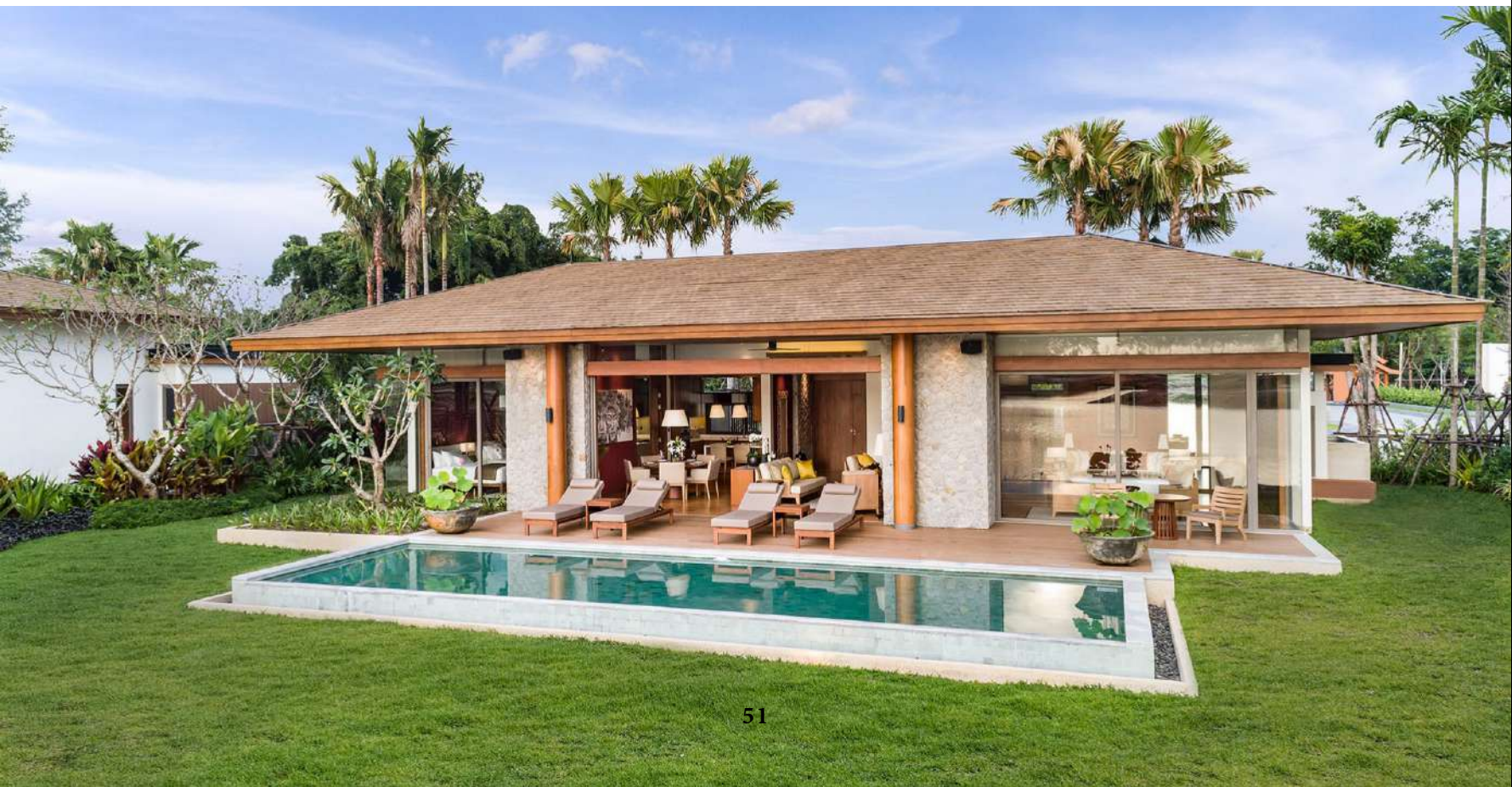


## LATEST IN LUXURY DEVELOPERS' PRESTIGE PORTFOLIO

Aquilla is created by one of Hong Kong's most prestigious names in hospitality, Pacific Century Premium Developments Limited (PCPD), the developer of premium residential complex Bel-Air and the Park Hyatt Niseko

Hanazono Residences in Hokkaido, Japan. To bring this new project to life, PCPD collaborated with the Lan Kwai Fong Group in Hong Kong and other Thai partners to commission the

award-winning multi-disciplinary design practice Paradise Designs. Based in Phuket, the firm provided its expertise in architectural, interior design and project management services.





AQUELLA  
BEACH · COUNTRY CLUB · GOLF

## VILLAS NOW ON SALE

- Introducing an exclusive resort destination on the unspoilt Andaman Sea coastline
- 2.5km of uninterrupted beach frontage
- Bespoke 2, 3 and 4 bedroom villas
- 18-hole golf course by the sea
- Approximately 35 minutes from Phuket International Airport

+852 5804 9780

Aquilla

Aquellathailand

www.aquilla.com

Copyright ©2020 Pinetree Residence Co., Ltd. All rights reserved. Any descriptions and photos herein are for illustration purposes only and may be subject to a further change or revision without notice. No representation or warranty, express or implied, is made herein and no reliance should be placed on the accuracy, fairness or completeness of any messages or information presented herein. This material does not constitute an offer or invitation to subscribe for or purchase any assets, and nothing contained herein shall form the basis of any contract or commitment whatsoever. The photos contained herein are not taken from the development (unless noted) and may have been enhanced by computer programs and do not necessarily represent or resemble the development or the premises within the development. The Developer and the Seller reserve the right to cancel or make any changes or modifications to the project development and its layout plan; the building / villa design; specifications, features, floor plans, layout, materials; the timing for the development of the project; the availability or intended use of all facilities or services within the development; or any aspect of the development without prior notice.

Pacific Century  
Premium Developments

LAN KWAI FONG  
蘭桂坊集團  
GROUP

PINETREE RESIDENCE CO., LTD



# Growing Prospects

HELP YOUR FAMILY ENJOY A MORE  
ECO-FRIENDLY LIFESTYLE AND DISCOVER THE  
BENEFITS OF GROWING YOUR OWN FOOD WITH  
OUR TIPS ON HYDROPONIC GARDENING



Experiencing a sustainable lifestyle certainly has health benefits but it's also a great way to learn a rewarding new skill. Growing your own food hydroponically at home also means younger members of

the family can join in the fun, and at the same time take advantage of a great learning opportunity that combines both technology and old-fashioned gardening skills. It's certainly a great pastime as can be

seen by the success of our recent introduction to hydroponics workshop at Club Bel-Air.

As an added bonus, hydroponics is relatively mess free since it does away with potting mixtures and soil! Why not encourage your kids to keep a plant diary to record progress and take photos too to remember their 'green thumb' successes.

The science behind hydroponics is simple. Given the right amount of light, plants will grow in water that contains suitable nutrients. Also, some of the things you need to create your hydroponic garden can be recycled from household items. Plants grown this way require little space: try leafy vegetables or even cherry tomatoes, herbs and strawberries!



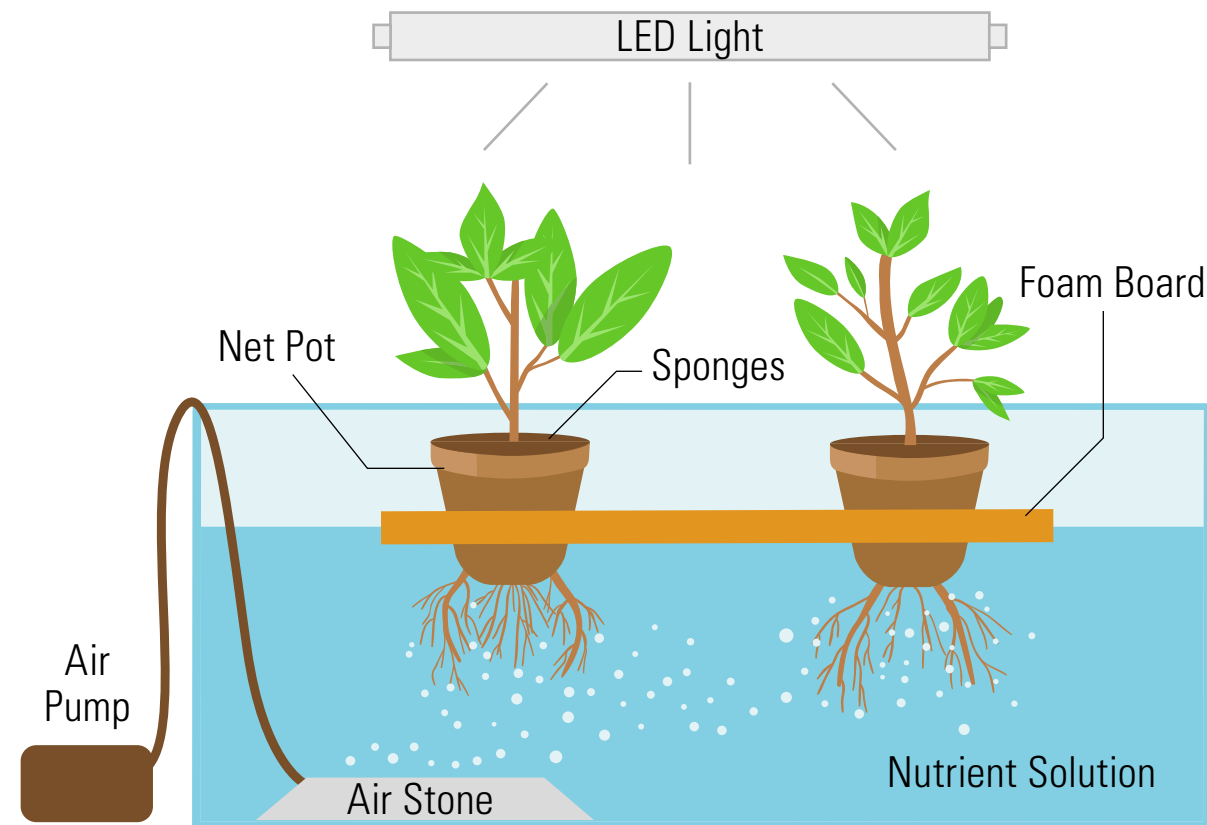
This simple hydroponics system is easy to set up at home and it's relatively low-maintenance.

### Materials

- 10-16 cm non-transparent plastic box. The number of plants you want to grow will determine its length (see diagram)
- 4 cm thick foam board of same size as plastic box, or slightly larger
- 1.8 cm tubing to fit air pump
- 1 air pump capacity with a 1 W per 4.5 litre capacity (available from aquarium stores)
- Ceramic disc air stone or golf ball air stone (available from aquarium stores)
- 9 net pots of 4cm diameter and 4-5cm height (available from some gardening stores)
- 9 small sponges to fit inside net pots (less required if using fewer pots)
- Hydroponic nutrient solution – as per manufacturer's directions
- LED light (Note: if growing plants indoors only, you will also need an LED light for 16 hours a day)
- 9 seedlings, such as lettuce or herbs like basil or mint

### Method

01. Prepare a foam board by measuring to fit with the plastic box (inside or over the plastic box).
02. Draw circles on the board, the same size as the net pots and cut out the holes.
03. Take your sponges: if they are specialty sponges for hydroponics, they will come with an incision to make it easy to insert your seedling. If not, cut your sponges to fit, and create an incision from the edge to the centre to allow you to insert your seedling.



04. Place the seedlings inside the net pots and set aside.
05. Place the air stone into the box.
06. Add water and nutrient solution to fill  $\frac{3}{4}$  of the plastic box.
07. Connect the tubing to the air pump and water solution.
08. Cover the plastic box with foam board. Place net pots with your seedlings into the foam board holes.
09. Place the system under light (only if you are keeping the plants indoors)
10. Top up the water and nutrient solution once a week, making sure to use the fertiliser manufacturer's recommendations.

### Answers to page 25-26

1: "Adam et Eve" by Romanian artist Remus Botar Botarro is made in two sections — one is marble and the other polished wood. Which is which? (Hint: stone above timber).

2: It's called "L'Ephebe Endormie" (Ephebe sleeping) – but she's standing up! Ephebe is made of bronze with a wooden base.

3: The artist says the sculpture represents freedom and space. Do you think it means something else?

4-6: Yes and no: Singaporean artist Eric Chan mixes both photographs and painting to create his art!

7: This painting was specially commissioned by Bel-Air. It depicts the five elements of the universe: earth, sky, water, fire and air.

8: Ling Jian was trying to highlight the lengths some women will go to, to look beautiful.

9: It was named after the Roman goddess of love and beauty, not the planet second from our sun!



*Bel-Air*  
GRAND FUNCTION ROOM

Celebrate in Style



貝沙灣